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## More Depression for Mothers and Singles With Breast Cancer

By TARA PARKER-POPE

### MU MENTION ON P. 2

Women who have children living at home and single women have higher levels of depression in the months after treatment than other breast cancer patients, new research shows.

The findings, from a study of 225 women undergoing radiation treatment at nine clinics in Missouri, offers a glimpse into the emotional toll of breast cancer, suggesting that some women face greater psychological challenges in the months after treatment ends. **The study, published in the journal *Psychology & Health*, was conducted by researchers from the University of Missouri, Texas A&M and Tulane University.**

To measure differences in depression, women completed questionnaires that resulted in a depression score. The study showed that while all women with a breast cancer diagnosis experience psychological stress, certain women are at greater risk for ongoing depression. Having children living at home, being single or having low income were all risk factors for depression among breast cancer patients during the year after treatment.

One explanation for differences in depression levels may have to do with the amount of emotional and practical support women receive at the time of diagnosis and during and after treatment. It appears that the women who do best are those with husbands or partners, perhaps because they can offer women continuing emotional and practical support. Women with breast cancer who have children at home may face more logistical challenges coping with treatment schedules and side effects and juggling the daily responsibilities of child-rearing, compared with similar women who don't have children at home.

Although both high- and low-income women had similar levels of depression during the treatment period, low-income women showed more depression after treatment. The explanation may be that

low-income women had more worries about missed work time or medical bills related to breast cancer.

Notably, women who lived a long distance from their doctors showed greater levels of depression after treatment ended. Even though the end of treatment signaled the end of a long commute, it may be that these women also lost their main sources of social support at the clinics where they received treatment.

**Ann Bettencourt, professor of psychological sciences at the University of Missouri and an author of the study, said it was important for doctors to have a simple way to predict who among their patients is at higher risk for depression following treatment, so they can recommend appropriate support and services. In a separate study, she noted, women who were more depressed were less likely to regularly take medications.**

Although the latest study didn't examine the reasons certain women were at higher risk for depression than others, the study authors said doctors can work with both family members and patients to make sure women are receiving adequate emotional and practical support. Single women, for instance, may be encouraged to join support groups or even online discussion boards. Doctors can urge women with children living at home to arrange for practical support from friends and family, like meal preparation or shuttling children to activities, even if they don't think they need it.

Dr. Bettencourt noted, however, that the reasons women with children at home are more likely to be depressed may go beyond the daily challenges of raising children, and have more to do with worries about a child's future.

"Women's concern about their own survival may lead them to worry about the care of the children living in their home, which in turn, may engender higher levels of depression," she said.



## Ex-Mizzou RB Gets 5 Years For Sex Assault

November 14, 2011 4:00 PM

**COLUMBIA, Mo. (AP)** — Former University of Missouri football running back and co-captain Derrick Washington faces up to seven years in prison when he's sentenced for sexual assault.

A Boone County jury convicted Washington two months ago of fondling a former Missouri athletics tutor in June 2010 as she slept in her off-campus apartment. He was scheduled to be sentenced Monday afternoon.

Washington is also scheduled for trial in late December on two misdemeanor domestic assault charges. A former girlfriend accused him of poking her eyes and choking her during an argument.

Washington was Missouri's leading rusher as a sophomore and junior but was kicked off the team before the 2010 season after the accusations surfaced. He was initially allowed to keep his scholarship but soon withdrew from school.

# COLUMBIA MISSOURIAN

## UM System presidential search continues in secrecy

By Zach Murdock

November 14, 2011 | 5:22 p.m. CST

COLUMBIA – The University of Missouri System is having a case of deja vu.

The Board of Curators met again Monday evening via teleconference in its role as the presidential search committee.

Curators moved into executive session, a schedule that was identical to a teleconference meeting held Nov. 3. There was no announcement after the meeting and UM spokeswoman Jennifer Hollingshead couldn't comment on how many candidates are still being considered.

This kind of secrecy has enveloped the presidential search since it began earlier this year.

She did say that new curators Craig Van Matre and Pamela Quigg Henrickson would vote for a new UM System president.

In August, board chairman Warren Erdman said the pool of candidates had been reduced from "well over 100" to about 40, but he has been tight-lipped about the number of remaining candidates since.

Erdman has previously said candidates have asked for confidentiality, though some names have been rumored to be in the running.

In September, the Columbia Daily Tribune reported that Thomas Hoenig, former president of the Kansas City Federal Reserve Bank, was a top presidential candidate. The report was disputed, although Craig Van Matre, who was a part of the interviews in August, confirmed Hoenig had been contacted about the job.

Curators have met with and interviewed candidates as recently as the end of October during meetings in Kansas City and St. Louis.

Erdman said the curators had hoped to present a list of finalists to the presidential search advisory committee "within two weeks" on Oct. 21. It has been more than three weeks since that announcement.

At the beginning of November, Hollingshead said the committee might be down to a group of finalists "within the next few weeks."

Erdman has emphasized there is no timeline for making a decision.

Former system President Gary Forsee announced his resignation in January. Steve Owens is serving as interim president.

## **International students boost economy**

By Janese Silvey

International students coming to Columbia to earn college degrees are pumping more than \$48 million into the community through tuition, fees and living expenses.

### *INTERNATIONAL IMPACT*

#### **University of Missouri**

**Number of foreign students:** 1,948

**Tuition and fees:** \$39.66 million

**Living expenses:** \$32.52 million

**Total contribution after U.S. support:** \$44.69 million

#### **Columbia College**

**Number of foreign students:** 117

**Tuition and fees:** \$1.69 million

**Living expenses:** \$2.42 million

**Total contribution after U.S. support:** \$3.59 million

#### **Westminster College**

**Number of foreign students:** 194

**Tuition and fees:** \$3.16 million

**Living expenses:** \$2.69 million

**Total contribution after U.S. support:** \$5.02 million

#### **William Woods University**

**Number of foreign students: 68**

**Tuition and fees: \$1.25 million**

**Living expenses: \$1.08 million**

**Total contribution after U.S. support: \$1.99 million**

*Source: NAFSA: Association of International Educators*

The number comes from NAFSA: Association of International Educators, which today released its annual report on the economic impact of foreign students. The figure is from the 2010-11 school year and includes the University of Missouri and Columbia College.

Stephens College does not have a significant international population and was not included in the report.

The international student population is contributing roughly \$35 million through living expenses. That doesn't take into account the increasing number of parents who come here to visit, spending money at hotels, restaurants and stores, said David Currey, assistant director of the MU International Center. The numbers should prompt businesses to revisit their marketing strategies, he said.

"I don't think they've quite tapped into this market as well as they possibly could," Currey said. "We have a very educated and growingly affluent market in this higher education student market."

The downtown area tries to be diverse, not only with businesses such as Chong's Oriental Market and Campus Eastern Foods, but also in terms of housing arrangements and places of worship, said Carrie Gartner, executive director for The District.

She wasn't aware of the economic report but said she wasn't surprised to see the numbers.

"We'll definitely be keeping an eye on this to make sure we're meeting the needs of a wide range of people," Gartner said in an email.

MU has the highest number of foreign students among universities in the state, about 40 more than Washington University in St. Louis, according to a report from the Institute of International Education.

Foreign students at MU paid nearly \$39.7 million in tuition and fees last school year. That's significant for a public university facing declining state funds, but it's not the only benefit of recruiting foreign students, Currey said.

He pointed to the growing Chinese population, which has more than doubled in five years, as a way Missouri can better partner with China.

“Our challenge and the challenge for our own community is to become knowledgeable and really work at this relationship and understanding of China and its people,” he said. “It’s not just about money; it’s about the future of the world.”

Columbia College has one tuition rate for all students, so money isn’t a driving factor behind the college’s effort to increase its international population, said Aaron Coffey, an assistant admissions director who oversees international recruitment.

Rather, the college is interested in the diversity and cultural exchanges foreign students can bring to campus, he said. Last week, for instance, the college held an international event at lunchtime to let students show off foods from their home countries.

“They’re bringing experiences to us we can’t get anywhere else unless we travel abroad,” he said.

Reach Janese Silvey at 573-815-1705 or e-mail [jsilvey@columbiatribune.com](mailto:jsilvey@columbiatribune.com).

## **Derrick Washington sentenced for sexual assault**

Former Missouri running back Derrick Washington, convicted by a Boone County jury in September for sexually assaulting a former tutor, on Monday was issued a five-year prison sentence. He could be eligible for probation after serving 120 days.

Former Missouri running back Derrick Washington, convicted by a Boone County jury in September for sexually assaulting a former tutor, on Monday was issued a five-year prison sentence. He could be eligible for probation after serving 120 days.

Washington's conviction requires him to register as a sex offender.

Circuit Judge Kevin Crane recommended Washington serve 120 days in the general population in prison for felony deviate sexual assault. If he completes that sentence to the judge's satisfaction, Washington could then be placed on probation for the remainder of the five-year sentence.

A sentencing assessment report had recommended probation. Washington's attorney, Christopher Slusher, told Crane his client has no criminal history and that Washington has suffered considerably since his arrest.

Projected at one time as a fourth-round draft pick in the National Football League, the former MU team captain lost a career in football and will pay for the remainder of his life because of his requirement to register as a sex offender. "That has happened no matter what the court hands down today," Slusher said before sentencing.

Boone County Assistant Prosecutor Andrea Hayes recommended seven years in prison, the maximum sentence allowed. She said Washington deserved the maximum sentence because he never took responsibility for his actions, forcing the victim to testify about the incident in court. Washington knew what was at stake, she said in reference to his career, but he made those decisions anyway.

Washington's accuser, a 24-year-old University of Missouri graduate who was his former tutor and is no longer affiliated with the university, told the jury she was asleep June 19, 2010, in her Campus View apartment after a night of drinking when she was awoken by a man sexually touching her in her bed.

She said Washington shared a “friends with benefits” relationship with her roommate and was known to visit the apartment during the early morning. The victim also said she tutored Washington for two semesters before the alleged assault.

Slusher argued the two women fostered hard feelings against the athletic department and athletes. During her deposition, the victim referred to the athletes she tutored as “children,” and said although she associated with athletes through the programs, she had no romantic interest in them.

The roommate told the jury she was raped by an athlete in January 2010 and was hurt by how the basketball team then shunned her from socializing. She said she spoke with MU investigators but chose not to cooperate with the investigation.

Monday’s sentencing concludes one of two criminal cases that led to Washington’s dismissal from the football team last year. The other case involved allegations from an ex-girlfriend who said Washington hit and choked her.

Reach Brennan David at 573-815-1718 or e-mail [bpdavid@columbiatribune.com](mailto:bpdavid@columbiatribune.com).

# COLUMBIA MISSOURIAN

## New turkey feed to eat away costs

By Kelly Cohen

November 14, 2011 | 5:11 p.m. CST

COLUMBIA — Ever wonder where your Thanksgiving Day turkey comes from?

There is a good chance it might come from Missouri, which produces more than 21 million turkeys a year. That makes the state the fourth largest turkey producer in the country.

The biggest cost for raising these birds is feed. It accounts for almost 70 percent of production costs. **Jeff Firman, poultry production and nutrition professor at MU's College of Agriculture, Food and Natural Resources has discovered a way to create cheaper grains after almost 20 years of research and experiments.**

He calls the new feed the "Missouri Ideal Turkey Diet," according to a news release.

"I have discovered what is digestible and what is wasted in the feed," Firman said in a phone interview. "By knowing these requirements, the ideal protein amount can be used, thus cutting waste and costs."

This new feed has similar traits to the average feed, which is normally made with corn and soybeans. With this new feed, Firman is able to reduce overfeeding and bring down excessive usage costs by around 8 percent.

Firman tested 800 turkeys which yielded successful results of reaching health targets and weights, the release stated. He expects the feed to see widespread use eventually.

# How does a move to the SEC affect MU's academics?

By Zach Murdock

November 14, 2011 | 6:20 p.m. CST

**COLUMBIA — How a conference move to the Southeastern Conference might affect MU outside of the athletic realm is still unknown.**

**Academically, MU is similar to other SEC schools. Although the conference change won't affect academics now, the move might have academic consequences down the line, said Bradley Curs, associate professor of education and director of the Hook Center for Educational Leadership and District Renewal at MU.**

"They try to tie academics into it at times, but it's an athletics move," Curs said.

Before the SEC move became official, many in the news media speculated that the addition was beneficial for the SEC academically. The claim, fueled in part by the university's status as a member of the Association of American Universities, was that MU adds academic prowess to the conference.

The AAU is an association of 61 prestigious public and private universities, and membership is by invitation only. Members are approved based on recognition of their institution's high quality academic research and undergraduate, graduate and professional programs.

With the addition of MU and Texas A&M, the SEC doubles the number of AAU members in the conference, which already included the University of Florida and Vanderbilt University.

In terms of other academic measures, MU ranks similarly to SEC schools.

Twelve of the SEC's 14 schools are rated as institutions having "very high" research activity by the Carnegie Foundation for the Advancement of Teaching. MU's average ACT score, 26, and freshman to sophomore retention rates, 85 percent, are exactly the same as the SEC median scores. Retention rates refer to the percentage of full-time freshmen who return for their sophomore year.

But moving conferences won't change the quality or mission of MU's academics, Curs said.

"If you're talking academics, it's not even necessarily that the academic quality is going to change," Curs said. "It's much more that the student body is going to change."

Perhaps most important, Curs said, is Texas.

As a member of the Big 12, Missouri competes against four Texas universities. But in the SEC, Texas A&M will be Missouri's only Texas opponent.

Curs said not competing in Texas as much, and therefore not on Texas television as much, reduces the school's visibility in what has been an important recruiting ground.

"It's all about Texas," he said. "It's all about will the university be able to recruit students from Texas now that we're not on TV in Texas as much?"

Curs said that it's going to take several years to see whether there's a shift from Texas toward the southeast in enrollment numbers, but that even then, the changes will only be subtle at first.

"I think that the only real shift will be in the students," Curs said. "Where the students come from and how you have that reputation for why a student would come to Mizzou."

# THE MANEATER

THE STUDENT VOICE OF MU SINCE 1955

## Student fee increase proposed by MSA, SFRC

*The increase would cost students in the range of 75 cents to \$1*

By Hunter Woodall Published Nov. 15, 2011

To help ease the stress of staff members working overtime to help MU students, the Missouri Students Association recently made the decision to recommend an increase in student fees.

MSA Secretary of Auxiliaries Matt Sheppard said the fee increase would be used to staff professional workers within KCOU/88.1 and MUTV, as well as other MSA auxiliaries.

"The increase is being proposed to add additional professional staff to several MSA Auxiliaries," Sheppard said. "Over the last several years MSA services and programming has grown at an astonishing rate, but our staffing needs have not. Student involvement has grown at an astonishing rate, but staffing has not increased at all. We have some staff members averaging 80-plus hours a week just to keep up with the workload."

Each year the Student Fee Review Committee makes recommendations on increases and decreases in student fees. After formally introducing the recommendations the MSA Senate must vote to approve the recommendations, according to Bill 50-XX which was passed last January.

"MSA has not asked for an increase in several years," Sheppard said. "In fact, I remember when I was a freshman they actually cut the fee by 5 percent. So in a way, we are just undoing that reduction that was made. Without this fee increase, MSA could see cuts in services and programming. We aren't going to continue to allow the awesome staff that we have to continue working these demanding workloads which will cause them to burn out. When they burn out we risk losing them."

Sheppard said the increase will help the entire student body, and the fee increase per student is not significant and would cost an additional 75 cents to \$1.

"(The increase) won't just have an impact on MSA," Sheppard said. "The increase will positively impact the entire campus. In MSA, it will allow our staff to cut down on their current workload, increase services and programming, and also allow our departments that are capable of generating revenue generate more revenue to give back to the students."

Sheppard said there has been no resistance from students and faculty regarding the increase.

“Everyone is very much in support of it,” Sheppard said. “Any resistance that would happen is when someone hears the word increase and freaks out. The thing to keep in mind is that this is a very small increase that is going to have a huge impact felt on this campus for a long time.”

MSA President Eric Woods said the increase would also help to fund a part-time lawyer to aid the current full-time lawyer on campus.

“The bottom line is that we have these services and the demand for them is expanding,” Woods said. “We just need a little bit of extra money to continue to support those auxiliaries. MSA has not asked for an increase in many, many years, and we haven’t even asked for inflation. For us to attempt to continue and operate with increased enrollment and a need for expanding services on the current budget is not doable.”

The fee increase is still in the proposal stages and has yet to be passed by the MSA Senate.

“We have some of the best professional staff working for MSA and it's important to make it clear that we want to do everything we can to keep them and continue the awesome growth the organization has seen,” Sheppard said.

# THE MANEATER

THE STUDENT VOICE OF MU SINCE 1953

## SHAPE's condom initiative sees mixed results

*Many students said contraceptive dispensers are always empty, and others weren't aware the dispensers exist.*

By [Ian Servantes](#) Published Nov. 15, 2011

Three years after the passage of a residence hall contraceptive initiative, students and Sexual Health Advocate Peer Education officials disagree about the effectiveness of the program.

SHAPE's Sexual Health and Safety Products Initiative was passed in December 2008 to give students access to condoms and other safe sex items inside the residence halls. SHAPE installed dispensers with male and female condoms, as well as oral dams, in six different residence halls.

The dispensers are in place at Center, Hatch, Hudson, Lathrop, Mark Twain and Wolpers halls.

According to a letter announcing the initiative, the locations were chosen "based on their geographic location in order to maximize student access across campus."

"Additional locations will be considered in the future based on student need, funding, as well as (the) success of the pilot program," the letter stated.

Some students complain the machines are always empty.

"They're never stocked," sophomore Dan Basceanu said. "If they had them more often, that would be cool."

Only the Hatch Hall and Mark Twain Hall locations had oral dams or female condoms as of Monday. Dispensers in Hatch, Hudson, Mark Twain and Wolpers halls were out of male condoms.

"You'd think they'd have male ones," freshman Kumiwa Gyasi said.

According to Planned Parenthood, the male condom is the second most commonly used contraceptive for teenage women, after the pill.

SHAPE Outreach Coordinator Genevieve Labe said empty machines are a good sign.

"They're out all the time because people are using them," she said.

Still, many students are unaware that contraceptives are available inside the residence halls.

"I didn't know it was there," Gyasi said of the Hatch Hall dispenser, which was about 15 feet away from where she was sitting. "I just figured I'd have to walk to the market."

Sophomore Mike Hughes was also unaware of the residence hall contraceptive dispensers.

"I used to hear they had free condoms at the Student Health Center, but I didn't know they had them here," Hughes said while studying inside Wolpers Hall.

Student Health Center Director Susan Even said SHAPE is currently looking at ways to improve the initiative.

"We're always interested in ways to help students take care of themselves," she said.

# COLUMBIA MISSOURIAN

## **MU student arrested for possession, sale of drugs**

By Christina Trester

November 14, 2011 | 4:57 p.m. CST

**COLUMBIA – An MU freshman was arrested early Monday on suspicion of having and selling drugs on school grounds.**

**MU Police Capt. Scott Richardson said three people were spotted smoking marijuana in a car in the Virginia Avenue garage. Upon further investigation, the officers decided there was reason to suspect a drug deal was also taking place, Richardson said.**

Aaron William Hodam, 18, was charged on suspicion of possessing drugs and drug paraphernalia and distributing drugs on school grounds. Bail was set at \$60,500; Hodam posted bond and was released.

MU freshman Joseph Butler was also arrested on suspicion of possessing marijuana at the scene.